The Peggy Lego prewriting patterns breaks down letters into seven pencil movements. Generally the Peggy Lego program includes a story for each pattern, a gross motor activity, a sensory / tactile activity, a fine motor activity and then finally the writing activity.

Below are the simple patterns that are included in the program with the accompanying rhyme.

**TALL MAN**
Tall man starts at the top, pulls down and stops

**SMALL MAN**
Small man starts in the middle, pulls down and stops

**SIDeways**
Sideways, sideways, left to right
JACK AND JILL  Jack and Jill went up the hill and down the hill

OVER THE GATE  Up and over the gate

UNDER THE GATE  Down and under the gate

CIRCLE  Starts with a click, goes up and around